

Rocky Mountain Rural Health

Outreach Event Schedule:



1st Wednesday of every month at the Fairplay library 11:30-1:30

3rd Wednesday of every month at the Highline Café in Hartsel 11:30-1:30

4th Thursday of every month at the South Park Rec Center 9:00-Noon

Last Thursday of every month at the Alma Town Hall 1:00-3:00

Excluding holidays

Come see us for **FREE** health screenings (blood pressure, blood sugar, pulse and oxygen testing) as well as free information on Medicaid, the benefits you have with Medicaid, signing up for health insurance, finding a doctor, Advance Care Planning and much more! We bring lots of brand new socks to give away too! Make the rest of your life be the BEST of your life!

“being healthy isn’t
just a goal - its a way
of living”

