## Rocky Mountain Rural Health Outreach Schedule 2023 Excluding Holidays and Inclement Weather

First Wednesday of every month at the Fairplay Library 11:00-2:00 First Thursday of every month at the Bailey Library 12:00-2:00 Second Wednesday of every month at the Lake George Library 1:00-3:00 Fourth Wednesday of every month at the Guffey Library 11:00-2:00 Last Thursday of every month at the Fairplay Rec Center 9:00-noon Last Thursday of every month at the South Park Saloon 2:00-3:00 Last Thursday of every month at the Alma Gym 3:00 – 4:00

We offer free health screenings: Blood Pressure, Blood Sugar, Pulse and Oxygen testing. We help with Advance Directives, Health Insurance, Mileage Reimbursement and much more! We bring new and gently used clothing/coats/socks to give away. Come visit with us!

