

# Free Health Screenings!

## Here at the Rec Center

The 4<sup>th</sup> Thursday of every month 9:00-Noon

Come see your Community Health Workers from

## Rocky Mountain Rural Health

Check your Blood Pressure, Blood Sugar, Pulse and Oxygen!



*Free clothing, socks and shoes for anyone!*

Free information on Medicaid, signing up for health insurance, Advance Care Planning, assistance after a hospital stay, finding a doctor and much more!

