



Issue 2 2022

HEALTH-RELATED NEWS YOU CAN USE

Connect for Health Colorado, Colorado’s official health insurance marketplace, announces that **Open Enrollment will begin on November 1, 2022 and run through January 15, 2023.**

Here are some answers taken from the FAQs on Connect for Health Colorado’s website that may prove helpful to you as you prepare for Open Enrollment.

What is a Premium Tax Credit?

A Premium Tax Credit is a financial help program designed to lower the monthly cost of health insurance for individuals and families. To be eligible for a Premium Tax Credit, you must buy your health insurance plan through Connect for Health Colorado and meet the income requirements. You can take the Premium Tax Credit in advance and apply it to the monthly premium, or you can wait and take it when you file your federal income taxes. If you qualify for a Premium Tax Credit, you may also qualify

for additional financial help in the form of Cost-Sharing Reductions. You can determine which financial help programs you and your family qualify for by completing an application.

What are Cost-Sharing Reductions?

Cost-Sharing Reductions are not payments; rather, they are applied to the Silver-level plan you select to lower the out of pocket payments associated with that plan. This means that, when you use health care services, you will pay lower deductibles, co-payments, and prescription drug costs.

Rocky Mountain Rural Health has three certified health coverage guides on staff ready to help Park County residents with enrollment or questions about Connect for Health Colorado. Call us at 719-836-2169 with your questions or to schedule an appointment.

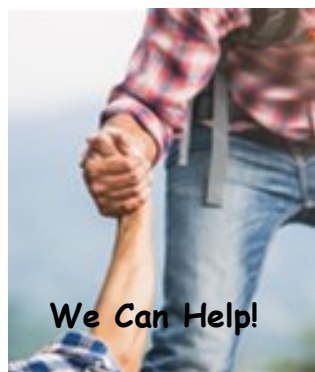
Our service is free and confidential. We do not sell or endorse health plans.

Rocky Mountain Rural Health Outreach Schedule

Fairplay Library	First Wednesday of the Month	11:30 am to 1:30 pm
Fairplay Rec Center	Last Thursday of the Month	9:00 am to Noon
Bailey Library	First Thursday of the Month	Noon to 2:00 pm
Lake George Library	Second Wednesday of the Month	1:00 pm to 3:00 pm
Guffey Library	Fourth Wednesday of the Month	11:00 am to 2:00 pm
Alma Town Hall	Last Thursday of the Month	2:00 pm to 4:00 pm

Stop by and say 'Hi'!

Visit our Community Health Workers at one of these locations and receive free health screenings: Blood Pressure, Blood Sugar, Pulse and Oxygen counts. Our CHWs also provide assistance with Advance Directives, Health Insurance, finding Providers and Specialists as well as information on a wide variety of health-related topics. They also bring new and gently used clothing including coats and socks for you to browse through and take at no charge. Our helpful Community Health Workers have years of experience helping people get the healthcare they need, so come with your questions and leave with answers!



COVID WOES...YOU DON'T HAVE TO GO IT ALONE!

If you have had COVID, you know the miseries involved with the illness. Unfortunately, bodily aches and pains may not be the only trial one has to endure. The pocketbook might take a direct hit as well.

Rocky Mountain Rural Health has funds designated for COVID relief. If you (or someone you know) has lost time and income from work due to COVID, please call us at 719-836-2169 and ask about our COVID relief program. You must be a Park County resident and can prove loss of income due to COVID to qualify for assistance with rent (or mortgage), utility bills (including phone and internet), grocery cards and/or gasoline cards.

Rocky Mountain Rural Health offers prompt and confidential service.