



*In our backyard: the glacial cirque of Horseshoe Mountain.
Horseshoe Mountain is part of the Mosquito Range and stands 13,898' tall.*

Rocky Mountain Rural Health

'Memories of 2017'
Annual Report

From the President

2017 – It was a very good year, thanks to the work of our staff, the support of charitable foundations, and all the Park County residents who supported us through donations, volunteering and “spreading the word”.

Rocky Mountain Rural Health, working with Park County, the Town of Fairplay, the Town of Alma, and concerned residents spearheaded a ballot measure to form the South Park Health Service District with the goal of re-opening the medical clinic in Fairplay and supporting other health-related endeavors to improve access to services. Thanks to all who helped “get out the vote” and those who supported the measure by voting “yes”.



We have been successful in getting grants from the Summit Foundation, CHP/RCCO, El Pomar, Colorado Trust and the Colorado Health Foundation to continue our work in providing services to Park County residents. A new program supported by Caring for Colorado delivers assistance for transitions in care for patients discharged from a hospital back to their home.

We invite you to enjoy the year’s events highlighted in this annual report.

Dale

Dale Fitting, President

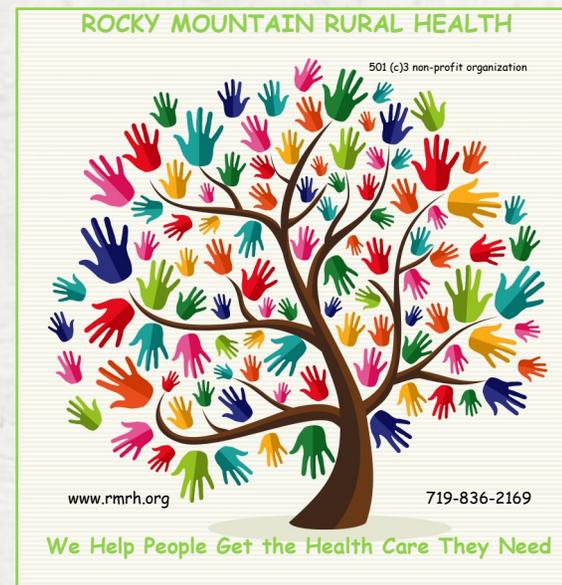
Rocky Mountain Rural Health

Our Vision

- To improve access to quality healthcare in Park County;**
- To work with the community to identify and address health-related issues;**
- To facilitate communication between the community and healthcare providers;**
- To extend support to community initiatives designed to improve the physical and mental health of the people of Park County**

Our Mission

- To improve the physical and mental health of Park County residents**



Dedicated to the Memory of

EILEEN HORGAN

1953 - 2017

The sudden passing of Eileen Horgan left a void in Rocky Mountain Rural Health. Eileen supplied all of the clothing, shoes, and household items that RMRH gave to clients to make their lives a little easier.

The Horgan family asked family and friends to make donations to RMRH to continue her good work. To date, \$4770.00 has been received and the RMRH Board of Directors established the 'Eileen's Angels' fund which will support those in need with warm clothing, shoes, and other necessities

*in memory and celebration of
someone who made this world
a brighter and better place.*



Our Services

T R A N S I T I O N S

I N

C A R E

Welcome Home!



RMRH Community Health Workers help Park County residents make the transition from hospital or long term care back to their own homes.

In this area with very limited health care services, we give clients the peace of mind they need by offering a home safety evaluation, medication reconciliation and care coordination with their primary care provider. Assistance is also given locating additional services that may be needed.



A D V A N C E C A R E P L A N N I N G

Our Community Health Workers help people become heroes to their family and friends. How? By educating Park County residents about the importance of Advance Care Planning and by assisting them in selecting, completing and filing the instrument that best reflects their health care choices should they become incapacitated.



ACP presentation with members of Silver Set



Thank you to
The Colorado Health Foundation
for your support of this important program.

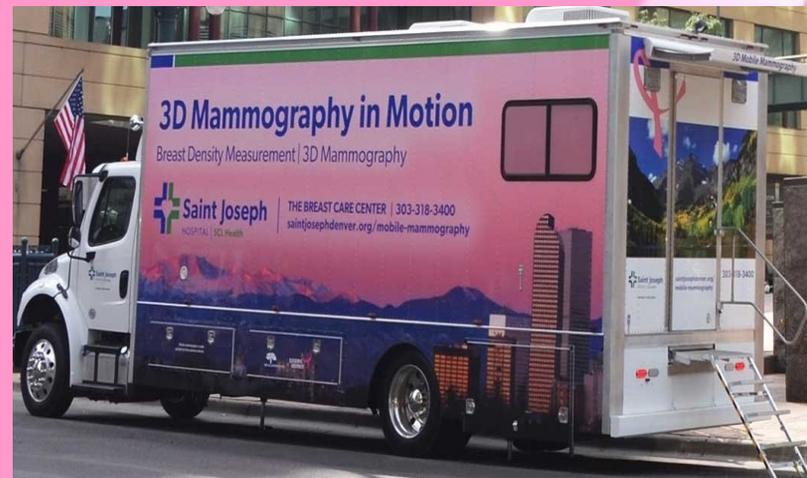
Our Services

B R E A S T H E A L T H A W A R E N E S S

RMRH TAKES BREAST HEALTH SERIOUSLY!

WITH US, EVERY MONTH IS BREAST HEALTH AWARENESS MONTH!

We actively engage our community in the importance of routine screening at outreaches and special events throughout the year. We also sponsor the mobile mammography van from St. Joseph's Breast Care Center twice annually. We cover the cost of mammograms for those that are uninsured or underinsured. Women in need of additional imaging or treatment are offered assistance and given support.



Our Services

BENEFIT GUIDANCE

RMRH actively promotes healthy living by helping Park County Medicaid clients understand their benefits and by encouraging them to take advantage of all their benefits.

We stress the importance of establishing care with a primary care provider and help them find one in their plan. We encourage them to take advantage of the routine screenings available to them. We help clients find specialists and services. We make them aware of the dental and vision benefits available to them. We explain the non-emergency medical transportation part of their plan and tell them how to apply for mileage reimbursement. We offer assistance with Advance Care Planning. We contact clients recently discharged from the hospital to offer transition in care services.

In short, we want our clients to be as healthy as possible!



OUTREACH IN BAILEY



THANK YOU FOR
PROVIDING FUND-
ING FOR THIS PRO-
GRAM!

YOUR FRIENDS AT
RMRH AND MEDI-
CAID SUBSCRIBERS

To: _____

COMMUNITY HEALTH

PARTNERSHIP

SPECIAL SERVICES FOR ALMA & FAIRPLAY RESIDENTS

A special grant enables RMRH to assist residents of Alma and Fairplay to overcome the challenges of the lack of health care in Park County. Through this funding we offer navigation assistance to clients in need of health care services. We also provide educational material and programs to promote health literacy. At outreach events we also promote good eating choices by providing healthy snacks. This grant also allows us to reimburse mileage for trips to medical appointments.



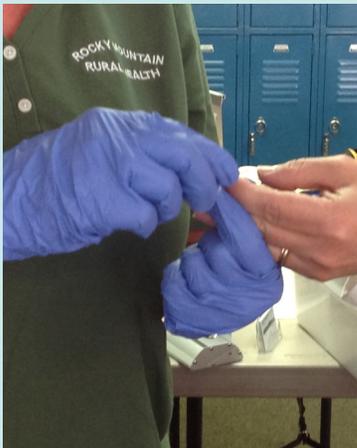
Thank you to
'The Summit Foundation'
for funding these much needed
services!

Our Services

OUTREACH EVENTS

RMRH Community Health Workers take the show on the road 50+ times a year bringing our services to population centers in our far flung, sparsely populated county.

They set up in libraries, laundromats, restaurants - wherever people congregate. They offer basic health screenings such as blood pressure and glucose checks as well as providing navigation services and offering gently used clothing.



**THANK YOU TO
COMMUNITY HEALTH PARTNERSHIP,
THE SUMMIT FOUNDATION AND
RMRH'S COMMUNITY ASSISTANCE FUND!!**

COMMUNITY ASSISTANCE FUND



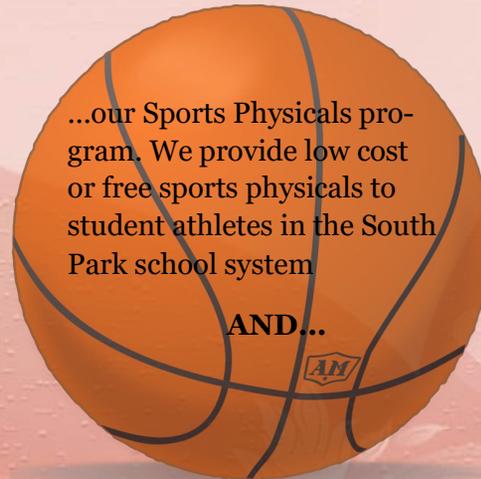
RMRH is able to assist community members facing setbacks due to health issues by means of financial support. We also work closely with other funding agencies to help individuals receive personal grants to meet their needs.



The COMMUNITY ASSISTANCE FUND also supports our Breast Health Awareness program
AND...



...our Sports Physicals program. We provide low cost or free sports physicals to student athletes in the South Park school system



AND...

...we also use this fund to bless families in need at Christmas with gifts for the children plus warm clothing and gift cards for groceries.



Board of Directors

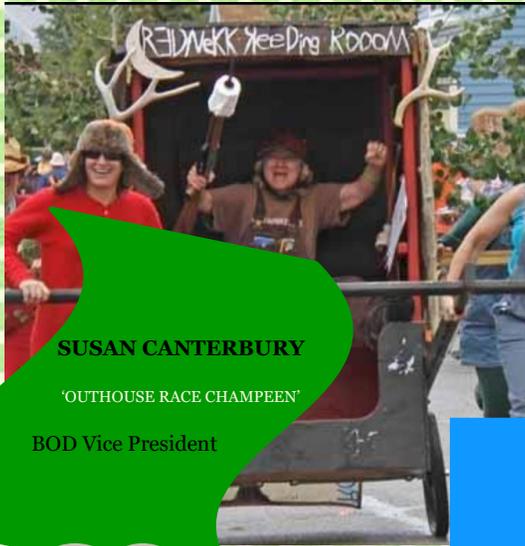
ROCKY MOUNTAIN RURAL HEALTH BOARD OF DIRECTORS



From Left to Right - Foss Smith, board member; Cathie Groome, board member; Jane Newman, board secretary; Susan Canterbury, board vice president; Julie Thornton, board member and Dale Fitting, board president. Missing from photo - Katherine Fitting, MD, FACP, board treasurer.

2018

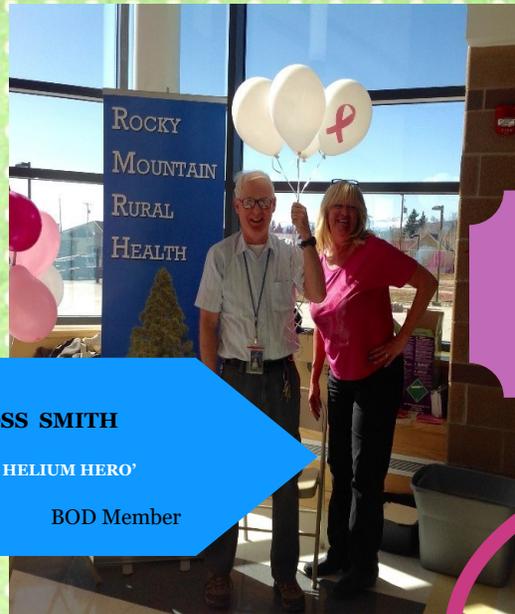
BOARD MEMBERS AT WORK



SUSAN CANTERBURY

'OUTHOUSE RACE CHAMPEEN'

BOD Vice President



FOSS SMITH

'OUR HELIUM HERO'

BOD Member



JANE NEWMAN

'I ONLY CAME FOR THE BROWNIES'

BOD Secretary

I couldn't ask for a nicer welcome!
Thank you, CATHIE GROOME!
BOD Member



We gratefully acknowledge the contributions of time, talent, wisdom and finances made by our retiring board members:
Bonnie Guzman, Susan Hill and Jill Smola



KATHERINE FITTING, MD, FACP

'SHOW ME THE MONEY'

BOD Treasurer

WHATEVER OUR BOARD OF DIRECTORS ARE DOING...ATTENDING MEETINGS, HELPING AT OUTREACH EVENTS, SUPPORTING OTHER ORGANIZATIONS OR PARTICIPATING IN COMMUNITY EVENTS, THEY ADVANCE AND PROMOTE THE GOOD WORK OF RMRH

Special Occasions



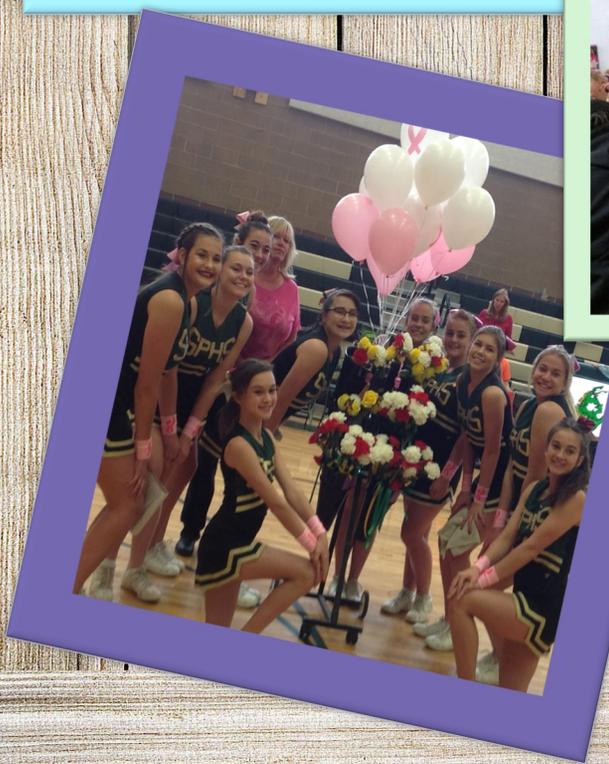
Llama Rama - Longest running tissue and organ donation awareness event in Colorado



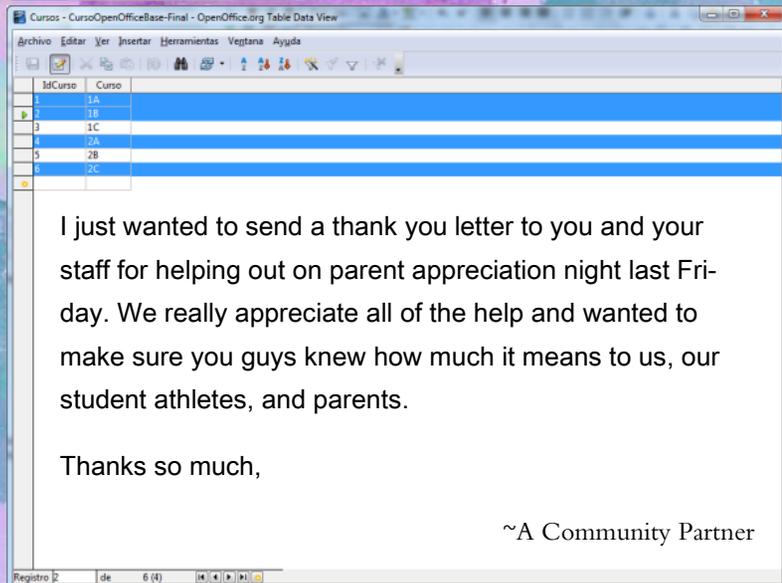
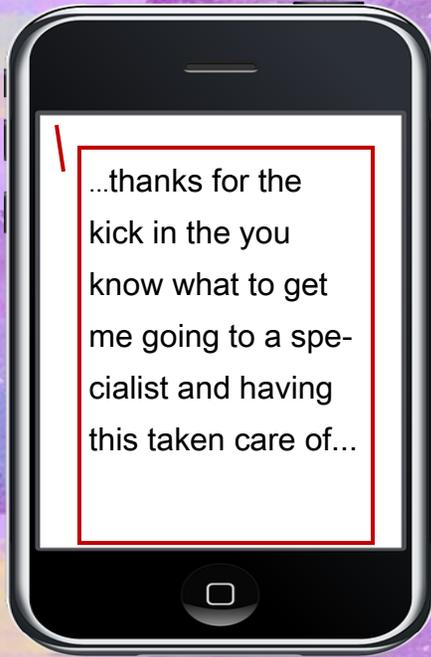
Annual Barbeque and Barn Dance



**Our winning entry in the 4th of July parade
'Let Freedom Ring'**



Words from Friends



I just wanted to send a thank you letter to you and your staff for helping out on parent appreciation night last Friday. We really appreciate all of the help and wanted to make sure you guys knew how much it means to us, our student athletes, and parents.

Thanks so much,

~A Community Partner



Thanks for the health district vote

I would like to give a huge 'thank you' to all the voters of South Park for supporting and voting in favor of forming a health services district.

The amount of time and effort that so many people and organizations put

into this endeavor is very much appreciated by the citizens of Fairplay.

A very special 'thank you' deserves to go out to **Dr. Katherine Fitting, Dale Fitting, Barbie McBee and folks at Rocky Mountain Rural Health**, Lee Phillips, and County Commis-

sioner Dick Elsner, for their tireless work on this ballot issue.

I am so proud to serve this amazing community and I am looking forward to seeing a clinic in Fairplay again soon.

Signed by Mayor Gabby Lane, Town of Fairplay

Taken from 'Your letters to the editor' in *The Flume* dated November 24, 2017. Emphasis made by RMRH staff.

RMRH CHW **Urgent**

FOR _____

DATE 8/24/2017 TIME _____

While You Were Out

M. RCCO/Breast Health Client

OF _____

PHONE _____

CELL _____

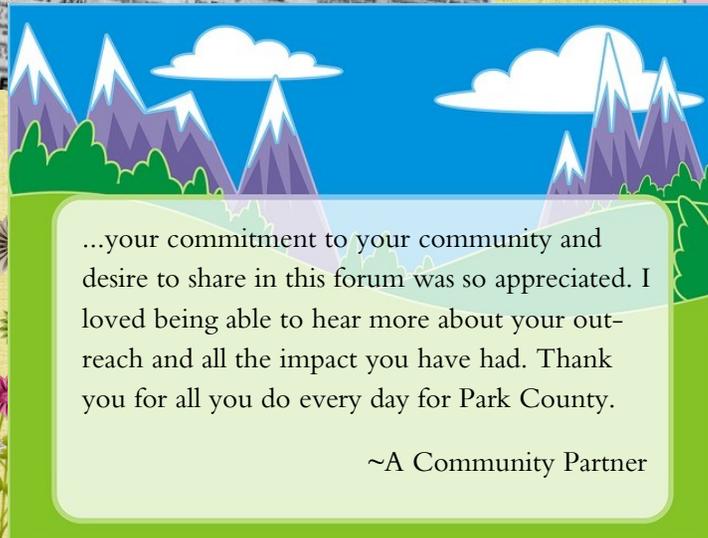
FAX _____

TELEPHONED
 CAME TO SEE YOU
 RETURNED YOUR CALL
 PLEASE CALL
 WILL CALL AGAIN
 WANTS TO SEE YOU

Message
 Called to say thank you for your help:
 Got her test results and has scheduled appointment with PCP so she can be referred for the additional images she needs. Also she got approved for Medicaid. She will call you when she gets results of additional images and if she needs help with billing issues.

A-9711
T-3002

SIGNED



...your commitment to your community and desire to share in this forum was so appreciated. I loved being able to hear more about your outreach and all the impact you have had. Thank you for all you do every day for Park County.

~A Community Partner

Our Impact

Rocky Mountain Rural Health is dedicated to improving access to health care in Park County.

Our Board of Directors has not only cast a vision for our organization but has overseen its implementation by supporting the necessary work with practical assistance, provision and guidance.

Not only do we rely on the board of directors for wisdom and expertise, we also rely on funding from grantors and individual donors in order to implement the programs and projects deemed most effective in improving access to health care for the residents of Park County.

Here is a brief breakdown of the work accomplished in 2017. The figures are concrete but the impact on the lives we touch is intangible. → → → → →

We thank all those that have partnered with us in our vision.

A special thanks to

The Colorado Trust

for the gift from their Designated Contribution Program and to the

El Pomar Foundation

for their General Operating grant.

ROCKY MOUNTAIN RURAL HEALTH HELPING HANDS SUMMARY OF 2017



5,379

CONTACTS



374

HEALTH
SCREENS



187,148

NEMT MILES
REIMBURSED



2,400

TELEPHONE
HOURS



506

ASSISTED
WITH
INSURANCE



1,090

CLOTHING
RECIPIENTS



3,871

CONNECTIONS
MADE TO HEALTH
CARE SERVICES



15,200

NEWSLETTERS
DISTRIBUTED



RMRH

HELPING HANDS

THE SOUTH PARK HEALTH SERVICE DISTRICT

RMRH has spearheaded the efforts to bring health care back to South Park and to reopen the clinic in Fairplay. Many potential partners - healthcare systems as well as individual providers - were engaged in discussions on what it would take to bring them into Park County. Bottom line - to make the Fairplay clinic a viable proposition for them the community would need to bring financial support to the table.

RMRH partnered with the Summit Community Care Clinic FQHQ in applying for a NAP (New Access Point) in Fairplay but no entities in Colorado were awarded this status.

RMRH then, with community partners, decided to win approval for a Special District supported by sales tax in order to generate the revenues required to sustain the clinic in Fairplay.

In November the voters approved this District and the South Park Health Service District was created. Requests for Proposals from healthcare systems have been sent out with a March deadline.

We look forward to the days ahead!



Swearing in of the South Park Health Service District board members - l. to r., Katherine Fitting, MD, FACP; Charles Schultz; Connie Smith; Linda Whitner. Missing from photo - Ashley Hill



A DAY IN THE LIFE OF RMRH STAFF:

From Jason's phone log:

Chiropractor: A client called with a swollen leg. He thinks it is sciatica; it is not. Will you call him and convince him to go to the hospital immediately?

Jason to client: Sir, the swelling could be a life threatening blood clot. Let's select the nearest hospital to you and get you moving...



From Julie's outreach report:

30 year old female with out of range high blood pressure referred to PCP at last month's outreach. At current outreach she states she doesn't have gas money to get to PCP and her BP is still high; NEMT mileage reimbursement explained to her; she took information and scheduled appointment with PCP while we were still there.

From Barbie's case notes:

PCDHS referred client to RMRH whose Medicaid eligibility had lapsed; in discussion with client it was learned he was a diabetic and out of his medication for several days due to lapse in Medicaid coverage; his pharmacy was contacted and prescription was paid by RMRH over the phone; assistance offered reestablishing Medicaid coverage.

From Anne's data files:

Client without a vehicle had teenage daughter facing surgery in Denver; RMRH arranged for hotel accommodations for family near hospital for the two days child would be hospitalized and arranged for mileage reimbursement for travel to and from Denver so family and friends could help with transportation.



From Shredder's perspective: I love greeting clients when they come to the office; they all seem so happy when they see me...the best ones bring me biscuits when they come back!

Financials

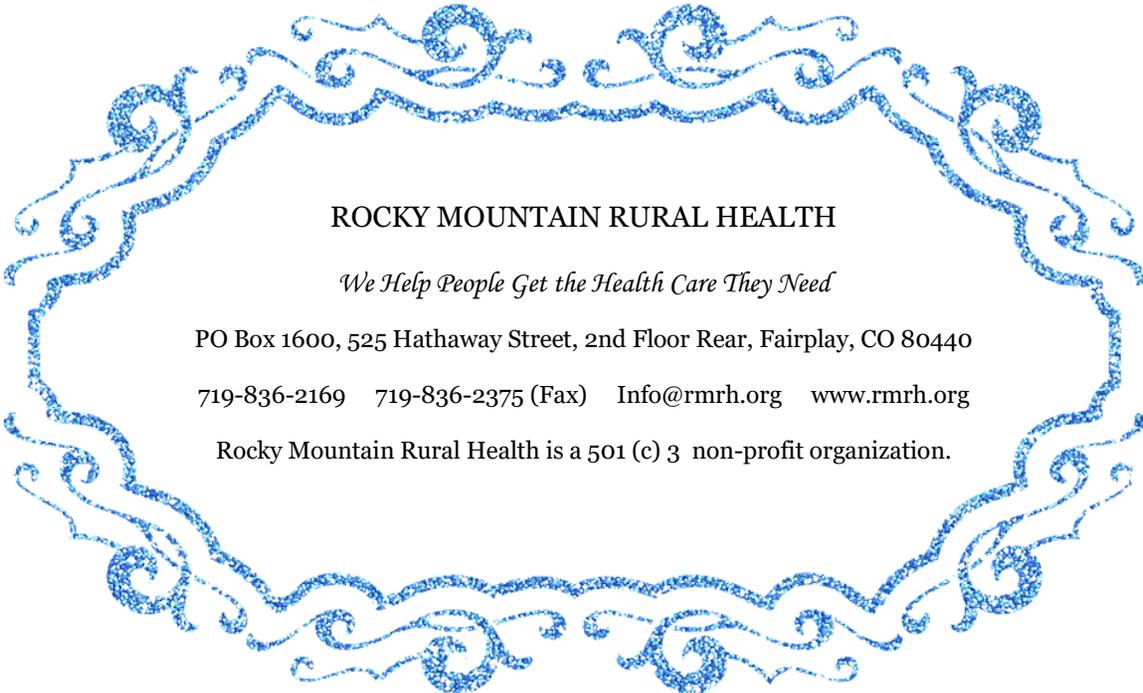
Rocky Mountain Rural Health, Inc. 2017 Annual Financial Report

2017 Income	2017	2016
Contributions (donations, grants)	182,948	169,404
Contract Service Revenue	7,110	10,532
Fundraisers	5,852	23,781
Investment Income	250	210
Total	196,160	203,927

2017 Expenses		
Program Services (Marketing, Supplies Indiv & Agency Assistance)	65,232	86,107
Program Services: Payroll	100,778	93,028
Subtotal	166,010	179,135
Administration	17,827	13,923
Fundraising	6,374	5,133
Subtotal	24,201	19,056
Total	190,211	198,191

Assets	End 2017	End 2016
Cash, Receivables	197,335	182,165
Land, Buildings & Equipment	18,894	25,891
Liabilities	(2,224)	0
TOTAL	214,005	208,056

The RMRH Form 990 will be available on the web site (www.rmrh.org) for those who wish more financial detail.



ROCKY MOUNTAIN RURAL HEALTH

We Help People Get the Health Care They Need

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Rocky Mountain Rural Health is a 501 (c) 3 non-profit organization.